

NCA SAFETY NEWS



"NCA Safety News" provides you with valuable information and assists in your quest to achieve a world-class safety culture. We believe that developing a safe work ethic is a never-ending process that must be part of every business's professional development.

Please do not hesitate to contact [Karin Sheldrick](#) with your input and suggestions. We value your feedback!

NCA SAFETY QUESTION BOX

Introducing the all new **NCA Safety Question Box!**

Do you need to find out more about WSIB Safety Groups?

What is COR and do we need it?

Legislation questions?

Safety Pass Program?

Or do you just need to ask a few questions regarding safety in general?

Do you have suggestions on training?



[Email](#) our Safety Committee for assistance.

INDUSTRY NEWS!

Jack McKiernan, of Timbro Design Build Contractors was presented an award at **OGCA's League of Champions Award Breakfast** on October 26, 2018 for **achieving a zero injury frequency** with Ron Kelusky, Ontario's Chief Prevention Officer (CPO), and Elizabeth Witmer, Workplace Safety & Insurance Board (WSIB)



Monthly Safety Tip
Have you checked out IHSA's Safety Talks?

IHSA provides valuable materials for your "safety talks"
Safety talk is a hands-on way to remind workers that health and safety are important on the job. Each talk takes about five minutes and can help workers recognize and control hazards on the project.

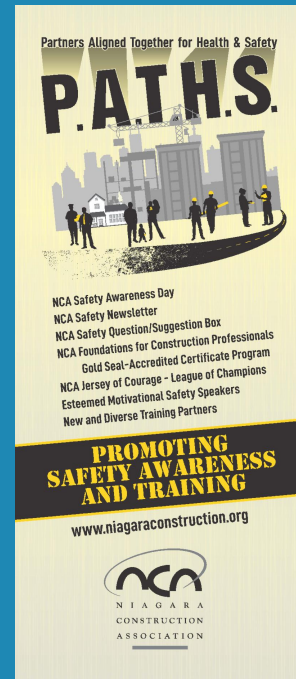


Safety talks demonstrate the commitment of employers and workers to health and safety. Use the Safety Talk Report Form to keep a record of each talk delivered. Record the date, topic, and names of attendees. Order or download the entire **Safety Talks Manual** (V005) or download individual topics [Click Here!](#)



NCA P.A.T.H.S. PARTNERS ALIGNED TOGETHER FOR HEALTH AND SAFETY

NCA has made safety awareness a primary initiative for our Association. We have recently launched our [PATHS initiative](#), [Partners Aligned Together for Health and Safety](#), formally making a stronger commitment to safety awareness and training.



Training at the NCA

ALL NEW this year, the NCA Foundations for Construction Professionals Certificate, a program offering seven Gold Seal accredited training courses instructed by Ellaline Davies of Safety Works Consulting Inc:

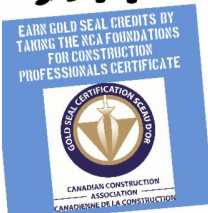
- Mental Health & Your Construction Workplace - Monday, December 10 & Tuesday, December 11, 2018/8:30 am to 4:30 pm (2-day course)
- INJURED WORKER? Successful WSIB outcomes for Construction Workplace Injury Claims ([TESTIMONIALS](#))
- Taking Care of the 'Bad Seeds' in Your Construction Business
- Handling Workplace Violence & Harassment in Construction

NCA FOUNDATIONS FOR Construction Professionals Certificate



Earn the NCA Foundations for Construction Professionals Certificate by taking all seven training courses below:

- Impact of your Attitude on Employees
- Creating Successful Employee Engagement
- Injured Worker? Successful WSIB outcomes for Construction Workplace Injury Claims
- Handling Workplace Violence & Harassment in Construction
- Taking Care of the 'Bad Seeds' in Your Construction Business
- Mental Health & Your Construction Workplace
- So You're Managing in Construction Now - A Cause for Concern or Celebration?



For more information & to register contact:

905-682-6661 or office@niagaraconstruction.org



In Partnership With:



GO FOR GOLD

- Impact of your Attitude on Employees
 - So You're Managing in Construction Now - A Cause for Concern or Celebration?
 - Creating Successful Employee Engagement
- Take a moment to read some amazing Gold Seal success stories [here](#). Visit [Gold Seal site](#) for more information.

NCA EDUCATIONAL & TRAINING COURSES

NEW SKILLS

TRAINING

ALL TRAINING SESSIONS

NCA Foundations for Construction Professionals Certificate

Classroom Training Courses

ALL NEW this year, the NCA Foundations for Construction Professionals Certificate, a program offering seven Gold Seal accredited training courses facilitated by Elaine Davies of Safety Works Consulting Inc.

- **Creating Successful Employee Engagement** - Wednesday, October 3, 2018 9:30 am to 4:30 pm
- **INJURED WORKER? Successful WSIB outcomes for Construction Workplace Injury Claims (ELECTRONIC)** - Thursday, October 4, 2018 9:30 am to 4:30 pm
- **Taking Care of the 'Bad Seeds' in Your Construction Business** - Thursday, November 1, 2018 9:30 am to 4:30 pm
- **Handling Workplace Violence & Harassment in Construction** - Thursday, November 8 & Friday November 9, 2018 9:30 am to 4:30 pm (2-day course)
- **Mental Health & Your Construction Workplace** - Monday, December 10 & Tuesday, December 11, 2018 9:30 am to 4:30 pm (2-day course)
- **Impact of your Attitude on Employees (live case coming soon)**
- **So You're Managing in Construction Now - A Cause for Concern or Celebration?** (live case coming soon)

Download a [registration form](#) and e-mail to karn@niagaraconstruction.org or by [905-682-6661](tel:9056826661)

Working at Heights

Course includes a CPD approved training provider and colour course manual for each registrant.

*Refresher course is for participants that have completed a full day WAH training and have a Chief Prevention Officer issued proof of completion card or a proof of completion card issued by the approved training provider as proof of completion before attending. Card must also be brought to session. Card must also be brought to session. Please visit <https://www.ontario.ca/en/legislation/13029/> for complete

Click here for NCA Educational & Training Course Schedule

Sign up today!

ATTENTION!

Substance Use Prevention in Your Construction Business

Tuesday, October 16, 2018
8:30 am to 4:30 pm

Are you ready for legislated cannabis in your workplace?
 • What are you going to handle this?
 • What does this mean for your workplace? Join us as we working through the legislation to see what you can and cannot do in your construction workplace.

Substance Use Prevention in Your Construction Business
 Two dates available: Tuesday, October 16, 2018 and/or Thursday, December 6, 2018 from 8:30 am to 4:30 pm

1 Gold Seal Credit Towards your preferred 5000 (2017) Members / 5000 (2018) Non-Members
 Instructor: Elaine Davies, President of Safety Works Consulting Inc.

We have seen changes in our construction workplaces around medical marijuana and the soon to be legislated regulation of cannabis.

What can we do about this and other substances that are being consumed in our workplaces?

In this course we'll look at substance use, what it is and what impact it has on our workplace (people, what we do, the identification of substances and what we can expect the outcome to be if we do nothing.

This course has a lecture format followed by small group participation and large group discussion.

WHO SHOULD ATTEND: Employers, Owners, Managers, Supervisors, Workers

WHAT YOU WILL LEARN:

- How to identify (prevent) substances in your work place
- How to handle substance use
- How to handle substance use
- Handling a small program to regulate the workers
- How employees can control their substance use
- And what to do and not to do

Prepayment is needed for this registration. We require 48 business days advance notice for cancellation. Download a registration form and email to karn@niagaraconstruction.org

Working at Heights

Working at Heights Training Schedule

Full 8-4 and Refresher from 12-4

Course Dates:

Construction 101

Perfect For:

- Professionals from other construction trades
- New professionals from other trades
- Contractors
- Contractors

CONSTRUCTION 101

DATE: Tuesday, January 28 & Wednesday, January 30, 2019
 LOCATION: NCA, 54 East Street West, St. Catharines, ON L9R 1C9
 TIME: 8:30 am to 4:30 pm

2 Gold Seal Credits Towards your preferred 5000 (2017) Members / 5000 (2018) Non-Members
 Instructor: Kevin A. Smith, LSCS, 2018, H&S, PMP, CM, PMP, Construction 101

Construction is Canada's second largest goods producing activity that accounts for almost 10 percent of Canadian GDP. This course will outline the basics of construction including production, laws and processes which focus on:

- Introduction to the Construction Industry
- Training, Safety and Award of Contracts
- Permit of Contract
- Laws, Standards and Procedures in Construction
- Risk Management in Construction
- Construction Project Management & Administration

This course aims to familiarize the newcomers of the Construction Industry by showing how various stakeholders - owners, contractors, consultants, sub-contractors, manufacturers, suppliers and other providers fit into the industry. Participants will engage in learning activities that will enable them to appreciate project delivery from concept to success.

This course is ideal for administrative staff or anyone who is new to the Construction Industry.

LEARNING Objectives

Upon successful completion of this course participants will be able to:

- Understand the construction industry
- Compare types of contractors and key players involved in the Industrial, Commercial, Institutional, Civil (PCC) sector construction processes.

Substance Use Prevention in

Construction 101

Your Construction Business
Thursday, November 15, 2018
and Thursday, Dec 6, 2018
8:30 am to 4:30 pm
[More information](#)


Thursday, November 1
Saturday, November 10
Wednesday November 14
Monday November 19
Saturday November 24
Friday, November 30
[More information](#)

January 29 and 30, 2019
[More information](#)

UPCOMING SEMINARS

You Need to Know More about COR™

Breakfast Seminars at the NCA




Things are going to change in 2019. You need to gain as much information as possible on COR™ audit preparation and processes in Ontario. **4S Consulting** will be conducting breakfast seminars on COR™ on Wednesday, October 24 & Wednesday, November 21, 8:30AM-10:30AM.

Here's what 4S will cover:


- how COR relates to and affects you and your company
- competitive edge, more bid opportunities, buyer confidence, reduce liability
- learn how your peers are coping with the COR™ challenges in Ontario
- get vital tips on simplifying what looks like a complex process to achieve COR™ in Ontario
- discuss key developments such as the York Region making COR™ mandatory
- understand the timelines that other key buyers have set for companies to become COR™ certified to qualify for the bidding process
- learn more about mandatory training compliance as per the Occupational Health and Safety Act and other helpful advisory services, which will make the COR™ certification process in Ontario easier
- evaluate where you stand in terms of achieving the IHS A COR™ certification
- familiarize yourself on the latest technological trends to support the COR™ process, including various online tools available to support COR™
- timelines, gap analysis, COR requirements, internal & external audits
- how to increase the safety culture of your entire company

Dates: Wednesday, October 24 & Wednesday, November 21
Time: 8:30 am to 10:30 am
Location: NCA 34 Scott Street West, St. Catharines, ON
Member Fee: \$20 +HST / Non-Member: \$25 +HST

[REGISTER NOW!](#)



**You Need to Know More about COR
Breakfast Seminars**
Wednesday, November 21, 2018
8:30 to 10:30 am
[More information](#)



Please join us for a **FREE** information session to learn more about the **NEW WSIB Rate Framework**, **NEW WSIB Chronic Mental Stress Claims** and the **WSIB Safety Groups Program**.

SPACE IS LIMITED!

Testimonials

*"I find the safety group program that we participate in is invaluable and a must for any contractor looking to be up to date on the most current safety legislation in Ontario. The training provided is second to none in the industry. We feel very confident as a group member that our firm is well informed and able to deal with the various challenges that come our way in the construction sector. Elaine is a very valuable asset to us and always available to help us with any safety issue that may arise."
Anthony Vitaterna, President, Nexterra Inc.*

*"We have been a part of the WSIB Safety Group for the past 6 years. It has been a great experience for us in the construction industry. Safety groups are an efficient management tool for increasing the profitability of our organization by reducing accidents and for improving management of our occupational health and safety management system. Ms. Elaine Davies is a fantastic facilitator to the group and has been an instrumental part of our companies advancement in the program."
Karen Sammut, Controller, Sure-Fix Service Group Inc.*

*"We are in our fourth year of the safety group program. It has proven invaluable so far as moving our safety program forward. The knowledge and passion Elaine has for all things safety is so important. I have experienced other safety group programs where the same cannot be said and it makes a world of difference. The networking and learning amongst other organizations in this safety group has also been incredibly beneficial. I highly recommend seeing where the program can take the safety of your organization. For me the peace of mind in knowing that I have the support of a true expert is where I get the greatest return."
Kate Flynn, CPA, CMA, Director of Operations, Stolk Construction Limited*

WSIB Safety Group Information Sessions (2 dates)

**WSIB Safety Group -
St. Catharines Chapter
Information Session**
Thursday, November 29
4:30 to 5:30 pm
[More information](#)

CANNABIS RESOURCES:



Cannabis ... An Employer's Guide to the New Normal ebook - [Click Here](#) \$20.00

The purpose of this guide is to provide employers relevant and timely information on how to address Cannabis in the workplace considering the legalization effects. The

resource will provide an introduction to Cannabis, information about impairment and its' effects in the workplace, relevant legislation and steps that you can take to update your workplace impairment policies.

Cannabis at Work. What the Legalization of Cannabis Means for Canadian Employers - [Click Here](#)

Bracing For Change: Legalization of Marijuana Effective Today

Employers across the country are bracing themselves for today's legalization of recreational cannabis. **Is your workplace ready?** Have your policies been updated to reflect the changing legal landscape?

This article highlights some of the most important things to consider as Canada moves into a new world of legalized recreational marijuana. [Click Here](#)

Cannabis legalization and workplace safety - On October 17, recreational cannabis was legalized in Canada. Ontario currently has strict rules in place to make sure workplaces are safe. For more information, visit Ontario's page on cannabis legalization. The ministry has also posted guidance material to help workplaces manage occupational health and safety issues related to impairment from substance use. [Visit Ontario's cannabis legalization page](#)
[Read the ministry's guidance on workplace impairment](#)

Sign up for NCA's Substance Use Prevention in Your Construction Business

Two dates available: Thursday, November 15, 2018 and/or Thursday, December 6, 2018
8:30 am to 4:30 pm

***1 Gold Seal Credit *Lunch is provided**

\$250 (+HST) Members / \$300 (+HST) Non-Members

Instructor: Ellaline Davies, President of Safety Works Consulting Inc.



Health and Safety Community

Health and Safety Associations



Ontario Ministry of Labour (MOL)

Ministry of Labour What's New -[October 2018](#)

Ontario
Ministry of Labour

Small businesses, use this free toolkit for step-by-step instruction on how to help ensure your workplace is healthy and safe: [Click Here](#)

Reporting workplace incidents or structural hazards - [Click Here](#)

****[See the blitz schedule!](#)

Reversing equipment on construction projects:

- Phase 1: compliance support and prevention education (Ministry of Labour and Infrastructure Health and Safety Association) September 1 – September 30, 2018
- Phase 2: Ministry of Labour enforcement campaign October 1 - October 31, 2018



Infrastructure Health &
Safety Association
(IHSA)



IHSA is a leader in health and safety education - stay up to date with the latest industry safety news and training by clicking [here](#).



An independent not-for-profit, Workplace Safety North (WSN) is one of four sector-based health and safety associations in Ontario, and provides province-wide Ministry-approved workplace health and safety training and services for the mining and forest products industries, as well as for businesses across northern Ontario.



Public Services Health & Safety Association (PSHSA)



Public Services Health & Safety Association (PSHSA) is pleased to announce the release of its 2018-21 Strategic Plan. "Safe Environments. Healthy Workers." provides a simple, impactful & dynamic roadmap that will guide the organization's work in advancing OHS over the next 3 years - [Click Here](#)

PSHSA is working with Ontario employers, supervisors and workers to provide information on cannabis and applicable legislation. Some of the areas we are assisting with are around accommodation and suggested control measures for the workplace. [Read more.](#)

Check out their [resource calendar here.](#)



Workplace Safety North (WSN)

An independent not-for-profit, Workplace Safety North (WSN) is one of four sector-based health and safety associations in Ontario, and provides province-wide Ministry-approved workplace health and safety training and services for the mining and forest products industries, as well as for businesses across northern Ontario.

[Click here to read Oct-Nov 2018 issue of Every Worker](#)



NEW TRAINING FOR SMALL BUSINESS HEALTH AND SAFETY REPRESENTATIVE - [Click Here](#)



Workplace Safety and Insurance Board (WSIB)

The Workplace Safety and Insurance Board is an independent trust agency that administers compensation and no-fault insurance for Ontario workplaces.

The WSIB announced its 2019 premium rates at its AGM this week. Here's the [link](#) to the construction rates. Construction rate groups will see premium rate reductions of between 30 and 48 percent.

"WSIB President & CEO, Tom Teahen was the guest speaker at COCA's Board of Directors meeting and he was delighted to share this good news story, the largest rate reduction in the WSIB's recorded history. Tom also reported that the WSIB's unfunded liability has been eliminated." Ian Cunningham, COCA President Click [here](#) for news release.

Over the next three years and beyond, we want to make it easier to work with us – this means services that are quick, accessible, fair and transparent. We are pleased to share our Strategic Plan (2019-2021) [Click Here](#)

Upload and go - document upload tool: The WSIB is making it faster and easier for you to send us claims information. Complete and submit forms, letters and documents related to WSIB claims online. [Click Here](#)

Small businesses, find out what you must post in the workplace by law with our free downloads: [Click Here](#)

Sending us claims information just got easier with our new document upload tool. With our new online service, complete and submit forms instantly. [Click Here](#)

Most small business owners want to do everything they can to keep their employees safe and healthy at work – but many just don't know where to start. Book a free on-site visit with one of our consultants. [Click Here](#)

Compass is our online health and safety tool. You can use it to compare health and safety statistics for businesses across the province. For more information, visit [here](#).



Helpful Information

FREE AODA training modules! These cover the requirements for providing employment in ways that are accessible to people with disabilities. Watch it, read it, hear it or present it. [Click Here](#)

The BuildForce Canada Online Respectful and Inclusive Workplace Toolkit - See

what you can do to ensure that leaders/managers and supervisors are knowledgeable (and continue to learn) about respectful and inclusive workplaces. Check

What can an effective Respectful and Inclusive Workplace Program deliver?

- **Become an employer of choice** - attract, retain, and advance top talent from all sources of labour
- **Unlock collaboration and innovation** - create high-performing teams through diversity of thought and experience
- **Build your brand** - your organization will gain a competitive edge as a leader and innovator



Your blueprint for success!

The BuildForce Canada Respectful Workplace Online Assessment Tool

RELEASE DATE - NOV. 7, 2018

The Respectful Workplace Assessment Tool allows organization leadership to assess their progress toward a Respectful and Inclusive Workplace and benchmark their progress confidentially against other construction organizations.

out the latest blog: [Click Here](#)



Get Involved:

- Make a public statement of your values as a safe company
- Be recognized for achieving safety excellence
- Support to champion safety in your organization including League of Champion's jerseys
- Access to motivational "Rob Talk" by MySafeWork

Visit the League of Champions website for more information - [click here!](#)



Your Guide to Construction Health and Safety Legislation in Ontario. This Guide is designed to provide Ontario workplaces an understanding of the Construction Projects Regulation under the Occupational Health and Safety Act of Ontario.

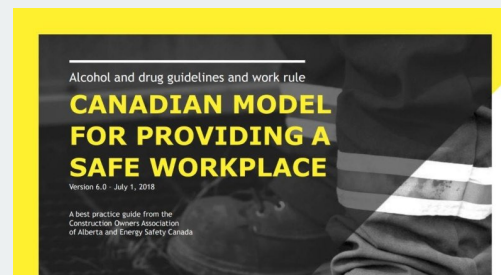
The Guide to Construction Health and Safety Legislation provides information on 50 topics. Each topic allows the user to read through a plain language summary of each topic, and then link to the legislation itself.

DOWNLOAD THE APP - available online <http://ow.ly/Eeso30iqdzB> iTunes <http://ow.ly/J8hD30iqdzC> and GooglePlay <http://ow.ly/A2AG30iqdzD>



ONLINE training in psychological health and safety: "**Being a Mindful Employee: An Orientation to Psychological Health and Safety in the Workplace**" - free e-course [here](#).

Provided by: Mental Health Commission of Canada



The Canadian Model for Providing a Safe Workplace (the Canadian Model) is a best practice alcohol and drug policy that all stakeholders within the construction industry across Canada can adopt and follow. The purpose of the Canadian Model is to ensure a safe workplace for all workers by reducing the risks associated with the use of alcohol and drugs. Hi Karin and good morning. [Here is a PDF about Alcohol and Drug Guidelines](#). It is a best practices guide from Construction Owners Safety

Association of Alberta and Energy safety
Canada.

[Visit our website](#)